

San Diego Referral Instructions

Your physician is referring you to a specialty department. Please call the department listed below on the **2nd working day** after today's visit to schedule your appointment. By that time, a specialty physician will have reviewed your referral.
Toll-free: North County Coastal Areas (760) 436-4411/North County Inland Areas (760) 741-3445

Department	Phone	Department	Phone
Addiction Medicine	(619) 221-6550 9am-6pm	Ophthalmology	
Allergy	(858) 573-0299	El Cajon.....	(619) 441-9307
Anticoagulation Services	(619) 589-3467	Otay Mesa	(619) 662-0211
Audiology (Self-Referral)		Vandever	(619) 516-7140
Garfield Specialty Care	(858) 616-5100	Vista	(760) 599-6466
Otay Mesa	(858) 616-5100	Optometry (Self-Referral)	
San Marcos	(760) 591-4276	Bonita.....	(619) 409-9997
Cardiology	(877) 236-0333	Carlsbad.....	(760) 931-0180
Cholesterol Treatment Center	(877) 236-0333	Clairemont Mesa	(858) 573-0399
Cognitive Behavior Classes	(619) 641-4194	El Cajon.....	(619) 441-9307
Comprehensive Pain Program		Escondido	(760) 839-0899
General.....	(858) 616-5300	La Mesa	(619) 589-7500
Acupuncture (American Specialty Health) ..	(800) 678-9133	Otay Mesa	(619) 662-0211
Continuing Care Services	(619) 641-4456	Vandever	(619) 516-7140
Dermatology	(800) 290-5000	Vista	(760) 599-6466
Diabetic Care (Adults)	(877) 236-0333	Orthopedics	(866) 459-2912
EEG Testing (Neurology)	(619) 516-4075	Pediatrics	
Endocrinology	(877) 236-0333	General	(800) 290-5000 7am-9pm, 7 days
Family Practice (Primary Care)	(800) 290-5000 7am-9pm, 7 days	John Richards Learning Center	(858) 573-5400
Gastroenterology (GI)	(877) 236-0333	Cardiology, Circumcision, Cleft Palate, Cranio-facial, Cystic Fibrosis, Diabetic/Endocrinology, GI, Hematology/Oncology, Infectious Disease, Lactation Clinic, Nephrology, Nursery Follow up, Pulmonary, Rheumatology	(866) 940-2218
General Surgery	(619) 662-1222	Physical Medicine Department	
Genetic Services	(619) 528-5409	Kearny Mesa Rehabilitation Center	(858) 268-2207
Head & Neck Surgery-Maxillofacial Surgery		Otay Mesa	(858) 268-2207
Garfield Specialty Care	(858) 616-5100	San Marcos.....	(858) 268-2207
San Marcos	(760) 591-4276	Physical Therapy	
Health Education	(619) 641-4194	El Cajon & Otay Mesa	(858) 502-1350
Hematology/Oncology	(877) 236-0333	Kearny Mesa Rehabilitation Center	(858) 502-1350
Home Health	(619) 641-4663	San Marcos.....	(858) 502-1350
Hospice	(619) 641-4100	Plastic & Reconstructive Surgery	(858) 616-5001
Infectious Disease	(877) 236-0333	Podiatry Services	(866) 551-0094
Internal Medicine	(800) 290-5000 7am-9pm, 7 days	Positive Choice	(858) 573-0090
Nephrology	(877) 236-0333	Weight control, biofeedback, counseling, fitness, bariatric surgery	
Kidney Class/Choices Class	(858) 694-7112	Psychiatry	(877) 496-0450 8am-6pm, 5:30Fri
Neurology		Pulmonary	(877) 236-0333
Otay Mesa.....	(619) 690-9095	Radiology/Diagnostic Imaging	(866) 628-2006
Vandever & Vista	(619) 516-4075	** Call on the 5th working day**	8:15am-4:45pm
Neurosurgery	(619) 528-0501	Rheumatology	(877) 236-0333
Nuclear Medicine	(619) 528-5067	Speech Pathology	(858) 694-7100
Nutrition Services	(619) 641-2000	Travel Advisory Clinic	(619) 528-3184
Obstetrics & Gynecology		Urology	(888) 694-7857
General.....	(800) 290-5000 7am-9pm, 7 days		
Infertility	(619) 221-0350		